

SCOTTISH ASSOCIATION OF YOUNG FARMERS' CLUBS
WEST REGION - FIELD SPORTS

RULES

1. Each team should have a distinguishable strip.
2. It should be noted that all Competitors are required to report to the steward ten minutes before starting time of their particular event.
3. **SEVEN-A-SIDE FOOTBALL - seven members, one substitute.**
A maximum of two Associate Members are allowed in a team of seven.
 - i) Entries - 3 Teams per District
 - ii) There will be one or two leagues depending on the number of entries with the draw being made on the day.
 - iii) Goal difference will be taken into consideration if teams are equal at the end of a league.
 - iv) Offending players sent off by the referee will not be allowed to compete in any further games.
 - v) A substitute will be allowed at any time during a game provided the referee has been notified. Only one substitute per game will be allowed.
 - vi) Appropriate footwear to be worn.
 - vii) Timing - At the discretion of the referees.
 - viii) These rules are at the referees discretion.
 - ix) Points for the Field Sports Trophy will be awarded as follows:
1st = 3 points, 2nd = 2 points, 3rd = 1 point.
4. **SEVEN-A-SIDE NETBALL – seven members, one substitute.**
Squad of 12 with as many substitutions as you want during a game
A maximum of two Associate Members are allowed in a team of seven.
 - i) Entries - 3 Teams per District
 - ii) There will be one or two leagues depending on the number of entries with the draw being made on the day.
 - iii) Offending players sent off by the referee will not be allowed to compete in any further games.
 - iv) A substitute will be allowed at any time during a game provided the referee has been notified. Only one substitute per game will be allowed. **Substitution is only allowed during a game due to injury or during intervals i.e. half time.**
 - v) Appropriate footwear to be worn.
 - vi) Timing – At the discretion of the referees.
 - vii) These rules are at the referees discretion.
 - viii) Points for the Field Sports Trophy will be awarded as follows:
1st = 3 points, 2nd = 2 points, 3rd = 1 point.
5. **MIXED VOLLEYBALL – six members, two substitutes.**
A maximum of two Associate Members are allowed in a team of six.
 - i) Entries - 3 Teams per District
 - ii) Three out of the six members on the court must be female.
 - iii) There will be one or two leagues depending on the number of entries with the draw being made on the day.
 - iv) Substitutions can only be made between games.
 - v) The team that will serve to begin the match will be decided upon the toss of a coin.
 - vi) The first team to 15 points, with two clear points ahead, wins. Teams winning their match will obtain two points for the league. Teams losing their match will obtain zero points for the league.
 - vii) Appropriate footwear to be worn.
 - viii) Timing – At the discretion of the referees.
 - ix) These rules are at the referees discretion.
 - x) Points for the Field Sports Trophy will be awarded as follows:
1st = 3 points, 2nd = 2 points, 3rd = 1 point.
6. Any District being placed more than once in either the Football, Netball or Volleyball will only receive points for their highest placed position