

## 2024 Grampian Rally - Industrial Schedule

**Industrial Convenors/Secretaries:** It is important that you explain the rules to your younger members. In all cases, an envelope containing the competitors name and club must be firmly attached to the entry or the Committee will disqualify it. The entries will be received from **8am - PLEASE SEE SPECIFIC TIMES BELOW** and judging will commence at 10.00am. **Display items must be collected between 2.45pm and 3.15pm. Individual items can be collected from 3.00pm onwards.** All articles must be the exhibitor's own work and have been completed in the twelve months before the Rally. **Food items may be taken home after the competition – NOTE the consumption of any food entered in the competition is done so at the persons own risk and the committee cannot be held responsible.**

**Note: The Barclay, Ross and Hutchison Trophy will be awarded to the Club gaining the most points in to following:  
Club entry: "Scottish Inventions" - (Club Display), 2 x Empire Biscuits (Baking) and Pom Pom Animal (Handicrafts)**

### Baking

1. A Jar of Lemon Curd (No metal jar lids to be used, cellophane covers only)
2. 2 x Mini Quiches
3. 1 x Small Bowl of Pasta Salad
4. 1 x Individual Trifle
5. 2 x Chocolate Brownies
6. 500ml Bottle of Pink Lemonade with Recipe Attached
7. 2 x Empire Biscuits
8. 1lb Fruit Loaf (recipe provided at end of this schedule)

**Rules -** In this section a maximum of TWO entries per Club per class will be permitted, with only one entry per class from each competitor.

**All entries to be displayed by 9.15am with name label firmly attached to the exhibits.**

**Judging -** Judging will commence at 9.30am prompt. The judges will be asked to place the first six in each class. Points will be awarded 6, 5, 4, 3, 2, 1 in each class, when competitors will be marked as individuals.

### Handicrafts

1. A Framed Cross Stitch Picture – Framed in a 10 x 8 frame
2. A Pom Pom Animal
3. A Twiddle Muff (will be donated to Glen Isla Care Home – Pattern Provided at end of this schedule)
4. A Clay Bead Bracelet
5. A Pair of Decorated Drinks Glasses
6. A Garden Trowel (any craft)

**Rules -** A maximum of TWO entries per Club per class will be permitted, with only one entry per class from each competitor. **All entries to be displayed by 9.15am with name label firmly attached to the exhibits.**

**Judging -** Judging will commence at 9.30am prompt. The judges will be asked to place the first six in each class. Points will be awarded 6, 5, 4, 3, 2, 1 in each class, when competitors will be marked as individuals.

### Photography

1. Theme: 'Generations' Mounted with caption – 5"7 photo
2. Theme: 'Milk' No captions – 5"7 photo – no mount - as per National Photography Competition

**Rules -** One photo per theme. A maximum of TWO entries per Club per class will be permitted, with only one entry per class from each competitor. All photos must be taken by the competitor in the last twelve months leading up to the rally and the judge will have the final say on this. All entries to be displayed by 9.15am. Judges will be asked to place the first six in each class. Points will be awarded 6, 5, 4, 3, 2, 1 in each class, when competitors will be marked as individuals.

## Club Entry – Theme: "Scottish Inventions" as per National Arts & Crafts

1. Sewn Article
2. 1 x Jar of Marmalade (any Variety)
3. Scottish Souvenir (any craft)
4. 6 x Tablet Squares
5. Floral Exhibit - To be displayed in water only, Natural Plant Material
6. A Further Article (Please label your further article)
7. Appearance and Display

**Rules -** This is a club contest and only one entry per club will be accepted. Items will be judged individually although each group constitutes an entry. Accessories and drapes will be allowed and marks will be awarded for appearance and display. **1 Associate member is eligible to participate.**

**Time -** All articles to be delivered to the venue and displayed by 9.15am. A maximum of Two club members are permitted to carry out the set up and display. Judging of appearance and display will commence at 9.30am and then the judging of individual items will follow.

**Space -** 3 wide x 2 ½ deep x 2 ½ high (all measurements in feet) – please note that no support will be provided, clubs to provide their own backing boards.

**Points for Club Trophy -** 6,5,4,3,2,1

## Club Entry – Theme: "Afternoon Tea"

1. 2 x Open Sandwiches
2. 2 x Fruit Scones
3. A Mocktail (any flavour)
4. 2 x Decorated Cupcakes (Decoration & Taste to be judged)
5. A Further Article (Please label your further article)

**Rules -** This is a club contest and only one entry per club will be accepted. Items will be judged individually although each group constitutes an entry. Accessories and drapes will be allowed and marks will be awarded for appearance and display. **1 Associate member is eligible to participate.**

**Time -** All articles to be delivered to the venue and displayed by 9.15am. A maximum of Two club members are permitted to carry out the set up and display. Judging of appearance and display will commence at 9.30am and then the judging of individual items will follow.

**Space -** 3 wide x 2 ½ deep x 2 ½ high (all measurements in feet) – please note that no support will be provided, clubs to provide their own backing boards.

**Points for Club Trophy -** 6,5,4,3,2,1

## Junior Section – Theme: "The Four Seasons" – as per National Arts & Crafts

1. A Greetings Card, No larger than A5. (any craft, not computer generated)
2. A Knitted Bobble Hat
3. An Item made from recycled materials
4. A Further article (Please label your further article)
5. Appearance & Display

**Rules -** This is a club contest for JUNIOR members only (under 19).  
This is a club contest and only one entry per club will be accepted. Items will be judged individually although each group constitutes an entry. Accessories and drapes will be allowed and marks awarded for appearance and display. Associate members are eligible to help set up entries.

**Time -** All articles to be delivered to the venue and displayed by 9.15am. A maximum of Two club members are permitted to carry out the set up and display. Judging of appearance and display will commence at 9.30am and then the judging of individual items will follow.

**Space -** 3 wide x 2 ½ deep x 2 ½ high (all measurements in feet) – please note that no support will be provided, clubs to provide their own backing boards.

**Points for Club Trophy -** 6,5,4,3,2,1

### **Junior Practical Competition: Decorated Sunglasses**

**Entry:** Two Junior competitors per club (working separately)

**Rules:** Competitors to supply their own sunglasses, materials, glue etc. No preparation beforehand.

**Time:** 10:00am to 10.30am. Report to Steward at 9.45 a.m.

**Points for Club Trophy:** 6, 5, 4, 3, 2, 1

### **Senior & Associate Practical Competition: Complete the Logo**

**Entry:** Two Senior (19 and over) competitors and Two Associate (28 and over) competitors per club (working separately).

**Rules:** Quiz sheet provided – competitor to bring a pen

**Time:** 10:00am to 10.30am. Report to Steward at 9.45 a.m.

**Points for Club Trophy:** 6, 5, 4, 3, 2, 1

### **Floral Art: Arrangement in a Welly Boot**

**Sections:**

- a. Junior
- b. Senior
- c. Associate

**Entry:** Maximum two competitors per section per Club

**Rules:** Individual competitors shall compete. Preparation to be carried out in front of steward.  
No accessories will be allowed except welly boot.

**Time:** 11:45 a.m. to 12:30 p.m. Report to steward at 11:30 a.m.

**Points for Club Trophy:** 6, 5, 4, 3, 2, 1

***On completion of the Rally, the following Industrial Section trophies will be awarded:***

#### **Adam Trophy**

*To the individual with the best exhibit in the Floral Art Section*

#### **Grampian Country Chickens Baking and Farm Produce Trophy**

*(North East Gala Trophy)*

*To the Club gaining the highest points in the baking section*

#### **Barclay, Ross and Hutchison Trophy**

*Awarded to the Club gaining the most point in Club entry:*

***Club entry: "Scottish Inventions" - (Club Display), 2 x Empire Biscuits (Baking)  
and Pom Pom Animal (Handicrafts)***

#### **Press & Journal Rose Bowl**

*Awarded to the Club gaining the highest points in all competitions within the Industrial Section*

## BAKING ITEM 8 RECIPE: 1lb Fruit Loaf

Note: This is a 2lb recipe – please split into two 1lb baking tins.

### Ingredients

100g (4oz) Butter  
140ml (1/4 Pint) Water  
100g (4oz) Raisins  
100g (4oz) Sultanas  
225g (8oz) Self-Raising Flour  
100g (4oz) Caster Sugar  
2 eggs, beaten  
2 Teaspoon Bicarbonate of Soda

**Oven Temperature:** 180c / 350f / Gas mark 4

**Position in Oven:** Centre

**Time in Oven:** 45 – 60 minutes

### Method

1. Melt butter in pan. Add water, raisins and sultanas, boil for 5 minutes.
2. Mix in the flour, sugar, eggs and bicarbonate of soda.
3. Place in greased 1lb loaf tin and bake in moderate oven for 45 minutes then reduce heat to 150c / 300f / Gas mark 2 oven for 15 minutes.

## HANDICRAFT ITEM 3: PATTERN

### Twiddle Muff

*A twiddle muff is a glove that has attachments securely added on the outside so that patients can twiddle with them. They are used to calm patients with Dementia or Alzheimer's by giving them something to do with their hands. An extra benefit, while they are in hospital, is that they can cover a venflon.*

#### What you need:

Any **oddments** of **double knitting** or **chunky wool**. Use double knitting on the double. A variety of textures works well.

**6.5mm** (Size 3) **straight needles** (or **6.5mm double pointed needles** to knit in the round).

Variety of **oddments** to decorate the outside of the muff.

#### Pattern:

Cast on 40 stitches. Loosely work 14cm of ribbed Cuff with a knit 1, purl 1 pattern.

Continue in stocking stitch for approximately 30cm. In this block you can use varying colours and textures to complete the main part of the Muff.

Then complete the second half of the Cuff, loosely working 14cm of ribbed Cuff with a knit 1, purl 1 pattern then cast off.

Decorate the *right side* (plain knitting) with Beads, Buttons, Bows, Zips, or anything that can be sewn on. Attach all items firmly so they cannot be easily pulled off.

On the *reverse side*, join seams together. Fold Cuffs over the reverse of the Muff and join cast on and cast off edges.



#### Suggestion:

Do not put decorations on the inside of the Muff, on the Ribs or too close to the Ribbed Cuffs. If items are on the inside they could scratch the patient.