

2025 Highland Rally Industrial Schedule

The 2025 Highland Rally will take place at the Black Isle Show Field Mannsfield, Muir of Ord, IV6 7RS on Saturday 31st May 2025.

ALL ITEMS MUST BE COMPETITORS' OWN WORK AND HAVE BEEN COMPLETED WITHIN TWELVE MONTHS OF THE RALLY.

PLEASE NOTE

Each club will nominate ONE person to be the point of contact for this section. The industrial convenor will contact this person if any queries arise. Entry Tags will be provided, all competitors MUST ensure that each entry has a tag and is fully completed. Competitors must be affiliated members of the Scottish Association of Young Farmers Clubs and over 14 and UNDER 30 years of age on the day of the Rally. Please note Junior age is now 14 - 17. Once a member turns 18, they are considered a Senior Member. Entries will be received from 9 am to 9.30 am from RNI members and then 9.30 am to 10 am from Caithness members with judging commencing at 10.15 am. All food items will be auctioned at the end of the day unless removed before the auction.

BAKING AND PRODUCE

	<u>Juniors</u>	<u>Seniors/Associates</u>
1.	1lb jar of fruit chutney (Any fruit)	1lb Jar of Beetroot Chutney
2.	1x Individual Cheese and Ham Quiche	2 x Scotch Eggs
3.	Fruit Loaf from YF Recipe book (p85)	Ginger Cake from YF Recipe Book (p87)
4.	Savoury Dip	4 x Cheese Scones
5.	2 x Meringue Shells (unfilled)	Individual Lemon Cheesecake
6.	Decorated Cake - Summer theme Decoration only to be judged. Min 8" Diameter Max 12" Diameter	Decorated Cake - Spring Theme (Decoration only to be judged) Min 8" Diameter Max 12" Diameter

Rules

Limited to three entries per club per class. Individual competitors may enter only one item per class. Entries should be displayed on white paper plates and doilies (where appropriate) with sealed completed entry tags **attached** to the bottom, entry tags will be provided. Any entry tags not completed correctly or not attached to the item will be disqualified. All items must be delivered to the Show Ground between 9.00 am and 9.30 am (RNI members). 9.30 am – 10 am (Caithness Members) with judging commencing at 10.15 am. All sizes and recipes stipulated must be adhered to or they will be disqualified. No late items will be accepted. The Judges will be asked to place the first six in each class – Junior, Senior/Associate. All food items will be auctioned at the end of the day unless removed before the auction.

Points awarded in each class towards the Nan Howie Silver Salver:

6, 5, 4, 3, 2, 1

Points towards the Press & Journal Rosebowl:

20, 16, 13, 10, 8, 6, 5, 4

HANDICRAFTS

	<u>Juniors</u>	<u>Seniors/Associates</u>
1.	Photograph with the theme 'Auction Mart' mounted on A4 card.	Photograph with the theme 'Auction Mart' mounted on A4 card.
2.	Farm Sign any craft/material must be 1m x ½ m	Farm Sign any craft/material must be 1m x ½ m
3.	1 x crochet coaster	1 x crochet Placemat
4.	Twiddle Muff (Pattern Attached to email)	Trauma Teddy (Pattern attached to email)

Rules

Limited to three entries per club per class. Individual competitors may enter only one item per class. Entries should have completed entry tags **attached** to the bottom; entry tags will be provided. Any entry tags not completed correctly or not attached to the item will be disqualified. All items must be delivered to the Show Ground between 9.00 am and 9.30 am (RNI members). 9.30 am – 10 am (Caithness Members) with judging commencing at 10.15 am. All sizes stipulated must be adhered to or they will be disqualified. No late items will be accepted. Articles should not have been used or washed before the Rally and **should have been made by full members within twelve months prior to the Rally.** No kits to be used. The Judges will be asked to place the first six in each class – Junior, Senior/Associate.

Points awarded in each Class: 6, 5, 4, 3, 2, 1

Points towards the Press & Journal Rosebowl: 12, 9, 6, 4, 3

PRACTICAL INDUSTRIAL

Juniors – (Teams of 2. 1 boy and 1 girl)

1.	Decorated Welly - Clubs to supply all resources including welly
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Seniors/Associates – (Teams of 2. 1 boy and 1 girl)

1.	Decorated Clean, Cattle Livestock Tag - Clubs to supply all resources including tag
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Limited to 2 entries per club per class.

FLORAL PRACTICAL

Juniors – (Teams of 2. 1 boy and 1 girl)

1.	Floral Display in a teacup and saucer. £5 budget (receipt to be attached) accessories and foliage allowed - Clubs to supply all resources
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Seniors/Associates – (Teams of 2. 1 boy and 1 girl)

1.	hand-tied bouquet £10 budget, (receipt to be attached) accessories and foliage allowed. Clubs to supply all resources
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Limited to 2 entries per club per class

Rules

Limited to 2 entries per club per class. The time for each competition will be detailed on the day. Each display shall be made at the Rally; no prior work will be allowed to enter. All competitors must provide their own materials and equipment unless otherwise stated. The Judges will be asked to place the first six in each class.

Points awarded in each Class: 6, 5, 4, 3, 2, 1

Points towards the Press & Journal Rosebowl: 12, 9, 6, 4, 3

CLUB ENTRY

Theme – Shop Window

Display Area – 5ft in length, 2ft in depth max, and 3ft in height.

As per Royal Highland Show Rules.

Items:

1.	Sewn Article
2.	x1 Decorated Cake (décor only to be judged)
3.	Shop Sign (any craft)
4.	One variety of confectionery (6 pieces to be displayed)
5.	Floral Exhibit - To be displayed in water only, Natural Plant Material
6.	Further Article

Rules

Limited to one entry per club. All items must be entered individually and be delivered to Show Ground between 9.00 am – 9.30 am (RNI members) and 9.30 am - 10.00 am (Caithness members)

Set up will be by 2 full members, time to be confirmed.

The total display area is 5ft in length, 2ft in depth max, and 3ft in height. drapes and accessories will be allowed as long as within the given area. The time given for set up will be **1/2 hour**.

Points towards the Press & Journal Rosebowl: 20, 16, 13, 10, 8, 6, 5, 4

TROPHIES

Nan Howie Silver Salver

To the Club gaining the highest points in the Baking and Produce Section

Press & Journal Rosebowl

To the Club gaining the highest points in all competitions within the Industrial section

Points towards the Overall Rally Cup (Hamilton's Trophy)

25, 20, 15, 10, 5

NFU Mutual

DINGWALL & THURSO

FRUIT LOAF YF RECIPE (P85)

Ingredients:

4 Oz margarine
4 Oz raisins
4 Oz sultanas
6 fl. oz water
8 Oz plain flour
2 teaspoons bicarbonate of soda
4 Oz caster sugar
2 eggs
Few drops of vanilla essence

Method:

Melt margarine, add raisins, sultanas and water and simmer for 5 minutes. Remove from heat. Add flour, bicarbonate of soda, sugar and eggs. Mix well. Pour into loaf tin and bake in a preheated oven at 180 °C for 15 minutes, then reduce the heat to 150°C and bake for a further 45 minutes.

GINGER CAKE (P87)

Ingredients:

300g/1 oz margarine, plus extra for tin
1 egg
225g/8 Oz self-raising flour
1 rounded teaspoon cinnamon
110g /4 ¼ Oz soft dark brown sugar

400g/14 Oz golden syrup
130g/4 ¾ oz plain flour
1 rounded teaspoon ground ginger
pinch of salt
1 ½ teaspoon bicarbonate of soda

Method:

Heat oven to 150 °C/fan 130 °C/Gas mark 2. Grease and line a 26cm cake tin. Gently melt the margarine and syrup in a pan. Beat egg. Place flours, ginger cinnamon, salt and sugar into a food mixer. Mix at a slow speed. With mixer running pour in the margarine and syrup, then add the egg. Dissolve the bicarbonate of soda in 175ml of warm water, and then pour into the bowl with mixer running. Spoon mix into tin, smooth over the top. Bake for 1 hour, then test by inserting a cocktail stick into the middle — it should come out clean, if not, bake for a further 5 minutes and test again. Turn onto a cake rack to cool.



DEMENTIA CARE

TWIDDLE MUFF FACT SHEET



HOW TO SUPPORT PATIENTS WITH DEMENTIA BY KNITTING A TWIDDLE MUFF

DO YOU KNIT? Have you heard of 'twiddle muffs'?

They're knitted muffs with items attached to keep dementia patients' hands active and busy. They contain strands of textured ribbons, beads, and various fabrics attached both inside and outside.

People with dementia often have restless hands and like to have something to keep their hands occupied. A **twiddle muff** provides a wonderful source of visual, tactile and sensory stimulation, and keeps hands snug and warm at the same time.

We are hoping that volunteers (staff, patients and visitors) will come forward to put their knitting skills to good use to help us to create more twiddle muffs as part of our dementia awareness work.

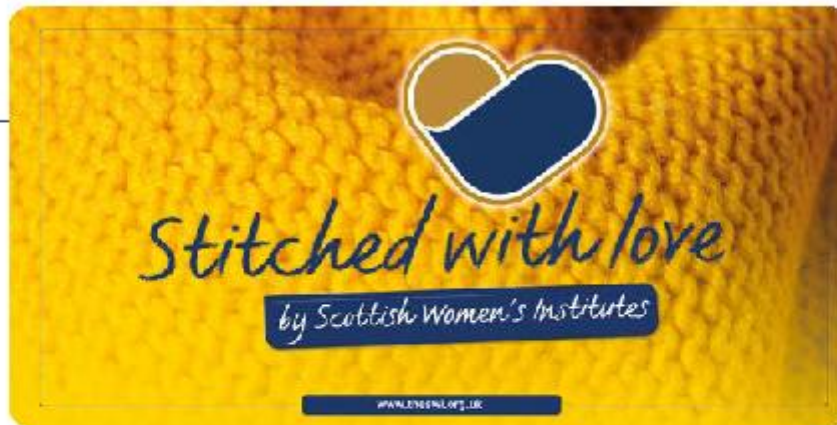
Don't worry if you are not an expert; the pattern is very simple. If you aren't a knitter but still want to support the cause we would welcome donations of wool, buttons, beads, ribbons, zips or anything else that could be used to enhance the muffs safely.

FURTHER INFORMATION

If you would like further information about **twiddle muffs**, please contact:

Monika Rybacka,
Quality Improvement Nurse for Dementia and End of Life: monika.rybacka@ouh.nhs.uk

If you would like to make and donate a twiddle muff or materials, please drop them off at the main reception at any of our sites – JR, Churchill, NOC or Horton.



Trauma Teddy knitting pattern

This pattern is simple and can make good use of small pieces of wool.

You will need

- No 10 (3¼mm) needles
- Double knitting wool in four colours:
 - o Colour 1 for the head and paws
 - o Colour 2 for the trousers
 - o Colour 3 for the jumper
 - o Colour 4 for the scarf
- Stuffing Please stuff the teddy with either polyester or other healthy padding. Foam rubber is not recommended as babies or young children might chew it.
- Needle and thread

Note Do not use buttons or beads as they may be a hazard to young children.

Instructions

- 1 Cast on 10 garter stitches main colour.
- 2 KNIT 10 rows and CONTINUE in garter stitch for 30 rows in trouser colour. Leave on spare needle and make another leg in the same way.
- 3 KNIT across all 20 stitches and work 16 rows.
- 4 CHANGE to jumper colour and KNIT 24 rows.
- 5 CHANGE to main colour for head and also CHANGE to stocking stitch 5½ inches (14cm).
- 6 CHANGE to jumper colour and KNIT 24 rows.
- 7 CONTINUE teddy in reverse order and cast off.
- 8 STITCH down the sides of the head. With jumper colour, pick up 8 stitches either side of the neck join (16 in all) and KNIT 20 rows.



- 9 CHANGE to main colour and KNIT 10 rows for paws and cast off.

For the scarf

- 1 Cast on 75 stitches in colour 4. KNIT 4 rows and cast off.
- 2 Tie scarf on teddy at the back of the neck, close to the jumper edge. Don't sew down at the front.
- 3 Turn right side out and SEW diagonal top corners for ears before stuffing.
- 4 SEW up teddy leaving opening in crotch to stuff.
- 5 STUFF the teddy then run a thread through the knitting around the neck to draw it in.
- 6 SEW a happy face using stem or back stitch.

Please post items to **Stitched With Love by Scottish Women's Institutes at Scottish Women's Institutes, 42 Heriot Row, Edinburgh EH3 6ES** by May 15. Items can be hand-delivered by appointment only. Please email hello@theswi.org.uk with 'Stitched With Love' in the subject line a few days in advance to arrange a time.

Find out more about Scottish Women's Institutes at www.theswi.org.uk